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Real Music albums are ideal for relaxation, healthful practices such as yoga and t’ai chi, massage and other therapeutic treatments, for creating a resonance that promotes physical, emotional and mental healing, and for meditation.

Our knowledgeable staff is always happy to help you choose specific music to fit your particular needs, so please know that we welcome your calls and emails.

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2017–19 RELEASES

Breathe
Carl Borden
Deepen the experience of a unique and sublime life as you relax into Breathe, Borden’s second album after the award-winning Echoes of Bliss.

Relaxation Collection 1 –
Mirror Pond
Various Artists
A calm mind is as pleasant and can be as palpable as lazing by a calm pond, absentmindedly watching the flight of a dragonfly. Consistent, contemplative music for an hour of reflective bliss.

Devotion Collection 2 –
Meditative Flute Serenades
Rajendra Teredesai
Though not titled romantic, in the grander sense these wondrous meditative flute serenades are a musical interpretation of the romance we share with The Divine. They give voice to our human aspirations, bringing a sense of love, warmth and closeness with our Innermost Being.

Filled with Light
Bernward Koch
Koch has created a sound painting vibrant with the beauty of nature. Whether you are meditating, sleeping, or simply relaxing, this angelic music will fill you with the glow of Nature’s Light.

She
Peter Kater with Peia Luzzi
Grammy Award winning and twelve-time Grammy nominated Pianist/Composer Peter Kater presents She, an evocative and impassioned new recording featuring archival songstress Peia Luzzi. On She, Peter and Peia celebrate in joyous music, wordless harmony, the sounds of nature and the divine feminine in all her earthy sensuality and celestial mystery.

Dancing on the Edge of Infinity
Ashaneen
A boundary-less ethereal tapestry. Some tracks are infused with soft ethnic rhythms, while others encourage the listener to drift into a realm of infinite starscapes.

Relaxation Collection 2 –
Cool Breeze
Various Artists
Real Music fans are in for a treat with this sultry collection featuring the seductive music of artists Govi, Thierry David, Omar Akram and Johannes Linstead. This is the music of balmy evenings and swaying hips, for clearing the mind and becoming the cool breeze of your dreams.

Nebula
The Haihu Project
Nebula reminds us that we are a part of nature, not separate from or above it. Henrik Hytteballe has woven the exquisite voice of Sara Grabow through the fabric of this timely Haihu Project creation.

Peace - Liquid Mind XII
Liquid Mind
We begin resolving conflict by acknowledging that At the Center Is Love. Where there is a capacity for love, which all humans share, there can be peace. Peace is possible between any two willing individuals, regardless of background. It is this for which Liquid Mind XII: Peace was composed and is dedicated.

Eternal
Kevin Wood
A journey of spiritual transformation, Eternal combines sacred and tribal chant with classical instrumentation to create a memorable musical landscape. Featuring ten guest artists – including renowned cellists Jami Sieber and South Africa’s Francois le Roux – every song is sure to transport you to beautiful and enchanting realms of peace.

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LIQUID MIND® SERIES

LIQUID MIND is the name used by Los Angeles composer and producer Chuck Wild for his best-selling series of slow music CDs, popular for meditation, yoga, massage, sleep and many healing practices. Wild’s struggle with panic and anxiety in the late 1980s led to his development of the ultraslow LIQUID MIND series to aid in his own healing. Albums from the best-selling series regularly appear on Billboard magazine and iTunes New Age charts.

“I felt a sense of positivity forming within the musical sphere created by the artist.” — oneworldmusic.co.uk

A follow-up to best-selling, Billboard Charting Liquid Mind VIII: Sleep, Liquid Mind XI: Deep Sleep is designed to enhance pre-sleep, and help maintain a peaceful state throughout the night with Liquid Mind’s signature, deeply calming, continuous blanket of sound where every note blends and melts into the next.
Yoga Meditations
Sayama
Arresting and meditative music that provokes reflection and stillness. Instruments, including voice, piano, cello, gongs, temple bells, tingsha and tanboora, create open communicative harmonies that guide one’s meditative journey towards inner peace. The ocean waves between the tracks enhance meditation.

Stillness
Various Artists
A soul-filled hour of music, ideal for relaxation, meditation, massage...love. Includes tracts from Karunesh, Peter Kater, Kenio Fujita, and more.

Enlightened Love
BlueMonk
A collection of ten eclectic world music healing meditations composed by BlueMonk and featuring Rajendra Teredesai on bansuri and Native American flutes. Ideally suited to therapeutic practices like yoga, t’ai chi, meditation and personal and spiritual awakening, as well as relaxation and easy listening.

Harmony
Sayama
Sayama has masterfully crafted this album to flow with the qi gong form of modern day Shaolin master Shi Xinggui. Like the seamless sequence itself, this peaceful music will gently energize the body, allowing the dust of a busy day to be swept away and replaced by an inner calm, a harmony with all life.

Falling Water
Shimmering Strings
Chris Haugen
Inspired by his passion for yoga and surfing, acclaimed guitarist Chris Haugen combines a variety of guitars, Weissenborn, lap steel, and banjo conjuring flavors of India and revealing some of surfing’s allure.

Moksha – The path to Inner Peace
Rajendra Teredesai
These ancient Indian ragas, when played on the bansuri flute, are known to create a deeply calming effect on the listener, facilitating inner peace and deep relaxation. They are time-tested for specific hours of the day (Dawn, Morning, Noon, Sunset, Twilight and Night).

The Spirit of Yoga
Ben Leinbach
Ideal for yoga, meditation, healing, whenever the attention is directed inward toward that dynamic place of stillness. Grammy-nominated Jai Uttal chanting and on dotar, and Manose Singh on bamboo flute. "This CD is musical prana that breathes life into the practice of yoga." —Shiva Rea

Wave Hands Like Clouds
Buedi Siebert
Buedi Siebert has composed this album to be ideal for contemplating a gentler way of life, the music a manifestation of harnessing the gentle way for a great power, which requires nothing more than simply listening.

Devotion Collection 1 – Blessings of the Heart
Various Artists
A soothing collection of Real Music artists Ideal for Meditation, Spa & Massage, Yoga. Includes unreleased tracks by Kirin Murti (Ayurveda: The Fragrance of Wellbeing), and other favorites by Karunesh, Rajendra Teredesai, Sacred Earth, and Ben Leinbach.

Real Music Digital
Real Music announces a special series of digital-only collections under Real Music Digital, identified by an orange square replacing the company’s familiar logo. Six new titles per year will draw from the company’s extensive catalog of award-winning recordings and continue to target the relaxation, healing and meditation audience that has been the core of the label’s success for the past thirty years.
Forest Bathing
Various Artists
Forest Bathing is an ancient Japanese tradition known as shinrin-yoku—the medicine of relaxing in a forest. This music collection has been specifically curated for its compatibility with the cleansing resonance of trees and may be used at any time for relaxation and to simulate forest healing.

Echoes of Bliss
Carl Borden
No wonder Echoes of Bliss has won Global Music Awards in both the Best Album and Production categories. Simply said, this music is heavenly. Without pomp, it brings a smile. Stress effortlessly melts away as you blend with the music and find your place of serenity.

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Into Forever
Frank Steiner, Jr.
“I wanted to create an acoustic perfume, a soft musical fragrance to help listeners relax and unwind.” — Frank Steiner, Jr.

Sacred River
Gandalf
Music inspired by Siddhartha, who learns from the wise old ferryman to listen to the voices of the river for its eternal song of oneness and harmony. Acoustic, classical and electric guitars blend with keyboard, piano and soft percussion for this enchanting tale.

Land of Forever
2002
Glistening guitar adds a new depth to the familiar array of angelic strings, keyboard, flutes and harp, transporting you into that mysterious other realm. A soothing hour that could last... forever. A spa favorite.

Tranquility
Various Artists
Tranquility invites the heart into realms of reflection and serenity. Over seventy minutes of music composed by eleven Real Music artists. Tranquility includes the angelic harp of Hilary Stagg and the tender, eloquent piano of Kevin Kern.
Forgotten Road
Celtic Skies
Karran has branched out on his third release by laying soulful Irish female vocals down alongside piano, uilleann pipes, drums, and synthesizer. Opening with the longing-filled “Irish Skies,” through to the introspective “Late Night Piano,” Karran presents us with an ineffable escape, Celtic style.

Forgotten Road
Eamonn Karran
The hauntingly beautiful “Fairy Dance” sets the mystical tone for Karran’s second album, which evokes the Celtic roots of his Northern Ireland homeland. Tempo and spirit live on as uilleann pipes, drums and synthesizer embellish “An Grainan,” while “Ease My Mind” will awaken the elusive art of letting go that we all crave.

Always Near - A Romantic Collection
Kevin Kern
An hour of poetic melodies unfolding tenderly, thoughtfully. Pure, beautiful, emotionally rich piano, suffused with heart and rendered with a refined touch.

In the Enchanted Garden
Kevin Kern
Kern’s debut album, now an international classic. Graceful, articulate piano songs, intimate and emotionally rich, some with a light layer of strings and a touch of acoustic guitar, others speaking directly, without embellishment.

Secret Journey
Omar Akram
Feel the heat of this romantic music. “Secret Journey reflects a musician in full stride, creating compositions laced with unbridled passion and poised grace, the music rooted in world themes layered in smooth jazz and new age influences.” — Michael Debbage, Music Reviewer

Healer of Hearts
Danny Wright
2-CD collection of Wright’s best-loved songs, including The Best of Black & White and The Best of Original Compositions. No heart or story is too small to touch Danny Wright. It is from real life experiences that he draws his inspiration and through his composing and playing, he is truly a Healer of Hearts.

Touched by Love
Bernward Koch
Pulled from a treasure chest of over 100 previously released tracks and including 2 brand new gems, Touched by Love invites you into a world of innocence inspired by nature. Mostly dreamy, some enriched with light rhythm, Koch’s mix of keyboards, flute, and soft percussion impart a glorious sense of wonder.

Remembering
Bernward Koch
Thirteen signature Koch compositions featuring piano, keyboards, flute and light percussion – some reflective, most light and uplifting – create a nurturing sanctuary in which the sometimes forgotten magic of Remembering can reappear.

Daytime Dreamer
Omar Akram
Grammy Winner Omar Akram softens the mood to serenade us with the romantic melodies of Daytime Dreamer. Featuring six new tracks and five previously released selections, the familiar splashes of Omar’s signature world textures weave back and forth in a sublime dance with his exquisite piano compositions.

2012 Grammy Winner
Echoes of Love
Omar Akram
Sultry rhythms, soft caresses and the fire of new romance reflect love’s many shades, as exquisite piano, violin, guitars and world percussion set the mood.

Relaxing Melodies of Nature
Kenio Fuke
As you listen, imagine yourself lying in soft grass under the canopy of a majestic tree, filtered rays of sun warming your skin and soothing your being. Acoustic piano and keyboards with light layers of strings and a touch of guitar and oboe, each track a rare gem.

Spirit of Nature
Kenio Fuke
With acoustic piano, keyboards and a light layering of orchestral instruments, Fuke masterfully connects to the listener’s heart like a leaf falling gently onto soft grass.

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All is One – One is All
Gandalf
Finding his inspiration while wandering through the diverse and amazing landscapes on the Canary Island La Palma, Gandalf interprets this place of never-ending spring with his signature blending of guitars, keyboards, and orchestral tones.

Dreamweaver
Gandalf
Tradition tells of those able to cast dreams for others, a skill musical magician Gandalf has masterfully cast on Dreamweaver. Threads of guitar, flutes, Irish whistles, cello, piano, percussion and atmospheric wizardry seamlessly blend into an enchanting harmony that is unmistakably Gandalfian.

Heading West
Mike Howe
Through heart and hands a British guitarist interprets his American travels. “Drawing on folk, gospel and jazz influences, these songs are reflections and dreams from my journey.” —Mike Howe

Island of Anywhere
Mike Howe
Soothing, melodic and catchy tunes that are presented simply — an antidote to an oft-chaotic world, filled with complexity. The guitar gives the melodies an acoustic clarity, allowing listeners to imagine themselves in their own personal Island of Anywhere.

Guitarra del Fuego
Johannes Linstead
With all of its fiery flair, this album is beautiful and surprisingly tender nonetheless. The occasional gypsy violin and passionate rhythm portray dream-like visions and romantic themes, nicely offset by fast-paced flourishes blazing from Linstead’s well-tempered guitar. This music brims with life, joy and happiness.

Sol Luna Tierra
Johannes Linstead
With masterful fretwork and vivid imagination, exciting young acoustic guitarist Johannes Linstead blends the best of traditional and contemporary South American/Caribbean melodies in this passionate, original and deeply emotional music.

The Music of the Grand Canyon
Nicholas Gunn
Experience the dynamic contrasts of the canyon — from the percussion-driven rush of a panoramic “Flight Over North Rim” to the tender piano ballad of star-filled “Canyon Nights.” The flamenco guitar of “New World” honors the legacy of the early Spanish explorers while the melodic “South Rim” awakens the soul.

Guitar Odyssey
Govi
An intoxicating blend of guitars sweetened with breezy South American panpipes and sensual rhythms. With a treasure chest full of tracks encompassing high spirits, soulful rhumba and romantic tenderness, Govi’s virtuosity is showcased on this truly joyful adventure.

Glimpses
The Haiku Project
A 70-minute peaceful journey that offers up a varied sound pallet. Both relaxing and engaging, Glimpses weaves a thoughtful sonic space with a unique layering of piano with orchestrations and ambient soundscapes.

Flow
The Haiku Project
With a mystical blending of heavenly symphonic washes, ambient tones and articulate piano, The Haiku Project presents a wondrous, deeply relaxing work that sustains focus for all 67 minutes.

Hypnosis
Thierry David
Soft rhythmic patterns, recurrent loops and subliminal echoed notes capture the listener with essence of sound. The effects gradually establish a magnetic ambience prompting an exploration of physical and mental sensations leading to a music-induced and pleasurable hypnotic state. For daydreaming, exploration, relaxation.

The Veil of Whispers
Thierry David
Layers and textures of rhythms and ethereal voices weave together for a sensual and relaxing hour of escape into adventures of the imagination.
Momentum
Frank Steiner, Jr.
Exotically Shamanic, softly jazzy, rhythmically expressive—all given voice by this master of global musical genres. With some pieces solo piano, some lightly orchestrated, others gently tribal with accompanying world percussion, Steiner has created a work capturing the power of movement.

I Ching Symphony
Frank Steiner, Jr.
I Ching Symphony brings alive the imagery of the 5,000 year old oracle, the I Ching or Book of Changes. These eight sensitive and sometimes dynamic pieces, corresponding to the eight building blocks of the I Ching, are an inspiring journey through nature, leaving the listener refreshed and, somehow, wiser.

Distant Horizons Series – Mediterranean by Amberfern
The alluring sound of gentle Spanish guitars, sensuous Arabian flute, and Turkish ney weave through this musical tapestry like the soft canvas of the warm turquoise sea.

AquaEssence - An Ocean of Calm
Amberfern
The gentle and mesmerising feeling of the sea drifts through this peaceful tapestry of smooth, liquid soundscapes. Close your eyes and sail with the music across wide, sunlit oceans to warm sandy shores, quiet harbors and even deep underwater to visit beautiful coral reefs.

Quiescence - A World at Peace
Amberfern
This album transports the listener around a peaceful inner world. From a quaint English fishing village to the exotic Far East, from a beautiful Greek beach to a Bedouin desert sunrise, and more. The ultimate audio escape to a busy day.

Pyramid Call
Buedi Siebert
Within the resonant King’s Chamber of the Great Pyramid, Siebert experienced a profound trance state and played a range of instruments, capturing the immense power of the pyramid’s sacred wisdom on this recording. An exquisite hour of listening, and if you’re receptive, access to the inner sanctum of a global treasure.

Crosswinds – World Flute Conversations
Rajendra Teredesai
Flute music from around the world showcasing the cultures of India, Tibet, America, Arabia, Bali, and China. The tracks can be meditative, others epic sagas, while some sing the praises of Mother Nature in all her glory.

Ayurveda
Kiran Murti
This traditional meditation and relaxation music has captured the essence of Ayurvedic wisdom. Both vibrant and soothing, it is the perfect complement to any healing practice and can help regenerate mind, body and spirit for total wellbeing.

Om Mani Padme Hum
Buedi Siebert
That music is a language older than any tongue can be fully appreciated on this fine recording. Joyful and poignant chanting interspersed with exotic flute, sitar, udu and percussion tracks offer a unique and colorful sacred cleanse for mind and spirit.

Call of the Mystic
Karunesh
Beautifully played bells, chimes, Tibetan bowls, sitar, sarod and Chinese instruments, bansuri flute and Indian violin come alive in a symphony of celebration—an offering, a meditation, a delightfully mystical calling, irresistible to heart and mind.

Joy of Life
Karunesh
Smell the exotic spices, sway with the blissful grooves and heed the call to devotion as you listen to this exalted, ecstatic music by contemporary mystic and master multi-instrumentalist Karunesh. Featuring good friend Govi on oud and sitar.

Zen Breakfast
Karunesh
Weaving exotic voices and cross-cultural elements through his sparkling tapestry, Karunesh finds that perfect balance point where world and healing music join. Zen Breakfast is sacred music from far-off visionary places that touch the heart so very close to home.
Namasté Various Artists

A graceful greeting honoring the sacred in all of us. This collection of artists brings an exotic sound with Eastern instruments, Asian flute and vocal chants. Sacred music for contemplation and introspection. This best-selling album has become a classic. Bonus second CD with Guided Meditation.

Namasté Massage Various Artists

Listening to this beautifully relaxing music will soon have you feeling like the cat that stretches and arches its back as you blend into the ancient healing art of massage.

Namasté Healing Various Artists

Namasté Healing gathers the most inspiring and restorative music in a meticulously curated compilation – bound to revitalize the whole you.

Namasté II Various Artists

The beautiful music on Namasté II is ideal for contemplation and introspection. In attuning yourself to the spirit of this ancient greeting, you can open the portals to your own radiant beauty. Bonus second CD with Guided Meditation.

Honoring Various Artists

A majestic collection of sacred music, resonant with exotic instruments and soft chanting that can carry you outside of time, outside of space where you can rest for an hour in Divine Love. Bonus second CD with Guided Meditation.

Namasté Yoga Various Artists

Specifically arranged to hold an optimal resonance for elevating the spirit and maintaining distraction-free focus in either a personal practice or class setting. Whether for yoga, meditation or simply feeling uplifted, slip effortlessly into a sacred sanctuary with this sublime hour-plus of music.

SACRED SPA Various Artists

The world’s most luxurious spas rely on Real Music to provide the musical resonance to enhance their treatments and help people relax, rejuvenate and balance their fast-paced lives. This music brings comfort, beauty and wellbeing to all who listen.

Infinity

Wrapped in Stillness

Quiet Days

Touching Beauty

Finding Balance

Journey to Wellness

Contentment
Inspired by experiences of inner harmony, Sacred Earth (Australians Prem and Jethro Williams) have created an exceptional catalog of devotional singing accompanied by world instruments, including shakuhachi (Japanese flute), Indian bansuri, Irish tin & low whistles, acoustic guitar and percussion.

“We seek to empower listeners by providing a sacred space in which they can deeply connect to their own heart and cultivate a deeper respect for themselves and our beautiful Mother Earth. Peace on Earth begins inside each of us.” – Sacred Earth

Sacred Earth present mantra music for meditation, yoga, relaxation, joy, grounding, massage, peace, and stillness. Divine mantras floating on rich, earthy tones, overlaid with gorgeous harmonies, soaring flutes, and acoustic guitar.

When asked what they most desire, people overwhelmingly respond, “Relief from stress and worry.” Relaxation is critical in helping us cope with the noise and agitation everywhere in our world. The iRelax Music Series albums take you to a place of calm, balance and wellbeing. Other iRelax Series titles include: iRelax® During a Busy Day, iRelax® in Traffic, iRelax® for Lovers.